Do you know how to prevent DROWNING ?

Judah Brown Project

#dontletthemdrown

DROWNING is the number 1 cause of death in the 1-4 year old age group.

No child is ever "drown-proof." However, you can significantly reduce the risk, by knowing and following these layers of protection:

1. Effective Supervision
Get in the pool with your child, regardless of whether or not they are in a flotation device. Keep constant eyes on your child and keep them within arm's reach at all times. If a child is ever missing, look in the water FIRST!

2. Segmented Supervision
Designate a "Water Watcher". This is someone who will keep their eyes fully on all children in the water. They should constantly monitor each child, keeping a frequent head count and should switch with someone else, after 15 minutes. Make sure everyone always knows who is "on duty".

3. Pool Fence
This should be 4-sided, with a SELF-LOCKING gate, at least 5 feet in height and placed 3-5 feet from the pool deck. Do not allow children to climb or play on the fence. Remove any furniture that can be used as a ladder for climbing the fence.

4. Window & Door Alarms
Make sure ALL windows and doors leading to the pool are LOCKED and ALARMED at all times.

5. Pool Alarm
An early warning system should be installed to alert caregivers in the instance of any water submersion.

6. SURVIVAL Swimming Lessons
Even very young children can and should learn these crucial skills, in case they ever find themselves in water without help.

7. CPR
Become certified and update these skills yearly.

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